

# October 2023 TRWC Newsletter

## Board Members

 Co-President Susan Birkenmaier	 Co-President Joan Miller	 1st VP-Events Mary Beth Cordier	 2nd VP- Speakers Melinda Adams
 Treasurer Kay Consigny	 Secretary Lisa Taverna	 Membership Pam Paterson	 Membership Diane Spinella

## President's Message

Halloween owns October which is great because Halloween is all about playtime! Halloween serves as a reminder to all that play is good for any age. And playtime should be on our to-do list like any other effort towards good health. So however you define it, whatever it is that stirs happy notes in you... go do! Go play! Today, every day.

Some upcoming special events and dates to note are below, details on each can be found later in this newsletter. Please consider attending each. How else can you determine your favorite?

- 10/4 **481 Gourmet Restaurant** will host the TRWC luncheon. Hope you can attend.
- 10/14 **Oktoberfest** An awesome party last year! Great food and great company is great fun!
- 10/22 **On My Own** open house. Introducing a new group. See events page for details.
- 11/1 **Luncheon at Brine...** details below.
- 11/2 **Trivia Night** at Turtle Rock! Don't throw away your shot for a fun few hours.
- 11/4 **Mix and Mingle.** Food, friendship and fun ... a gift of a good time awaits.

And in between all that is Halloween. Happy Halloween everyone! Whether it's costumes or candy that makes this a holiday for you, enjoy and go play!

All our best,  
Susan Birkenmaier & Joan Miller





## Events Calendar

October 4	Luncheon 481 Gourmet
October 14	Oktoberfest (details below)
October 22	<i>On My Own</i> inaugural event (details below)
November 2	Luncheon @ Brine (menu below)
November 2	Trivia Night TRCC 5:30 pm
November 4	Mix & Mingle

### ***On My Own* Social Network**

The TRWC is starting an informal network called On My Own, for anyone living on their own or looking to create a network of others who might enjoy social engagements. The goal of this program is to help connect anyone interested in getting together informally: to see a movie, grab a bite to eat, go for a walk, attend an event or whatever may interest you. Participants will plan their own activities and reach out to others to get together. An On My Own open house will be held on Sunday, October 22, 2023 at 2:00 p.m. at 5093 Timber Chase Way (Judy Stump's home). Please call Judy for more information or to R.S.V.P. at (475) 619-4370. Anyone looking for more social engagement is invited to participate.

### **About Trivia Night**

Ready to enjoy some healthy brain movement, friendly competition and lots of laughter? Hopefully you are! Join us at the Turtle Rock Community Center on **Thursday, November 2 at 5:30** for our first Trivia Night. Feel free to come solo, with a spouse, or with a group. A \$5 fee will be collected at the door. Subs and chips are provided. Please bring your own beverage. Please RSVP to [mbcordier@aol.com](mailto:mbcordier@aol.com).

**Want to join the TRWC Facebook page?** Go to <https://www.facebook.com/groups/920420339340755>. When joining – **please make sure to answer the questions so that our administrator of the group can admit you.** Our facebook page is a great way to keep track of ad hoc events like going with a group to the movies.

**Pickleball Anyone?** Would you like to play pickleball or learn how? We have groups that play two times a week from 8-9:15 am, days vary. To be added to the email list, contact Polly Fasick, [phfasick@gmail.com](mailto:phfasick@gmail.com) or 410-218-7753. Beginners welcome.



## October Birthdays



Diane Glynn  
October 5



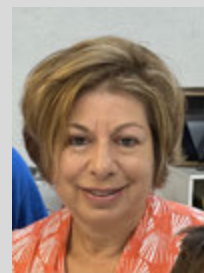
Pat Rotondo  
October 5



Susan Birkenmaier  
October 11



Carol Nerenberg  
October 13



Debbie Foust  
October 15



Kathie Myerburg  
October 17



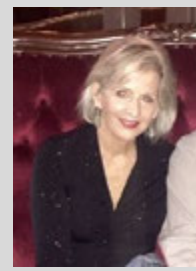
Carol Royce  
October 19



Angela Pierre  
October 21



Camille Bussotti  
October 22



Maureen Mulder  
October 25



Debbie Jones  
October 30



Tammy Zelenak  
October 30





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## Turtle Rock Women's Luncheon

Wednesday, November 1, 2023

2250 Gulf Gate Drive, Sarasota FL 34231

<https://brinesarasota.com/>

11:30 am Social Gathering/12:00 noon Lunch

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*All lunches include a non-alcoholic beverage. A cash bar is available.*

### First Course:

House salad with red wine vinaigrette

### Entree Choices (choose one):

#### Fish Tacos

Blackened fish with pineapple black bean salsa, shaved cabbage & lime crema

#### Grilled Chicken Focaccia

Chicken breast, pancetta, roasted red peppers, arugula, provolone, vinaigrette

#### Farro Bowl

Roasted cauliflower, shiitake mushrooms shaved Napa cabbage, provolone, vinaigrette

\*gf available\*

### Dessert:

Pumpkin pie with whipped cream

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***\$28 per person includes tax and gratuity.***

***Please include your entree selection on the memo line of your check.***

Reservation deadline is **Wednesday, October 25, 2023**. Drop your check off in the TRWC mailbox at the Turtle Rock Community Center.

To cancel send an email to [turtlerockwomensclub@gmail.com](mailto:turtlerockwomensclub@gmail.com). Sorry no refunds after the reservation deadline date.

# *Community Event*



*Thursday, November 2<sup>nd</sup>*

*5:30 p.m.*

*TR Community Center*

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*Tables of 4 or 6 players*



*Cash Prize to winning table*



***Space is limited***

Please RSVP to [mbcordier@aol.com](mailto:mbcordier@aol.com)

*\$5 per person payable at door*

*Sandwich and chips will be served  
Bring your own beverages please*

*Sponsored by the TR Women's Club*



# Oktoberfest

**Saturday October 14<sup>th</sup>**

**4-8 pm**

**TR Community Center**

**\*\*Rain or Shine\*\***

Come celebrate the arrival of fall in grand Bavarian style!

*Bratwurst and hot dogs  
Sauerkraut and condiments are provided.*

Beer and water will be supplied.  
BYOB if you prefer something other than beer or water.

*If you wish, bring a dish to share.*

A donation of \$5+ per adult is requested. Children eat free.



*Children games and activities offered.*

**Co-sponsored by the TR Women's and Men's Club and the  
TR Young Families Group**

## August Luncheon at Miguels







Thank you to everyone who donates their time to support TRWC activities. If you would like to volunteer to assist with a committee or want to create a new activity, please send an email to [turtlerockwomensclub@gmail.com](mailto:turtlerockwomensclub@gmail.com).

*Luncheon Committee*

Cean Cerny  
Liz DeLuca  
Jane Frattini  
Audrey Paddock

*Social Media Committee*

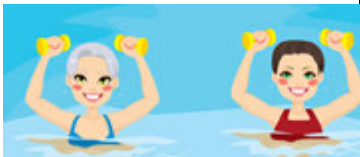






Cean Cerny  
Jean Contillo  
Mary Beth Cordier  
Pam Paterson

*Welcoming Everyone Committee (formerly Women Welcoming Women group)*

Susan Birkenmaier  
Margo Engelbrektson  
Debbie Foust  
Diane Geramanis  
Susan Larson  
Emily Miller  
Joan Miller  
Suzanne Placzek  
Diane Spinella  
Judy Stump  
Kim Weiser



## Ongoing Activites

	<p style="text-align: center;"><b>Water Aerobics</b></p> <p>Liz Spyrison leads a group exercise at our Community Pool on Tuesdays and Thursdays from 9:30 - 10:30 am. If you would like to join, please contact Liz Spyrison at 941-587-2596 or <a href="mailto:espyrison@gmail.com">espyrison@gmail.com</a>.</p>
	<p style="text-align: center;"><b>Daytime Book Group</b></p> <p>This group meets on the 3rd Wednesday of the month at 10:00 am. Please contact Sora Yelin at 941-926-4534 for questions or info regarding joining this book club.</p>
	<p style="text-align: center;"><b>Bunco Night</b></p> <p>Bunco is played on the third Wednesday of each month from 6:00 pm - 8:00 pm at the Community Center. Gather at 5:30 pm and bring \$5.00 to play. <b>RSVP needed</b> to Donna McCarthy at <a href="mailto:dmccarthy1014@gmail.com">dmccarthy1014@gmail.com</a>. If you like, stay after Bunco to play Left, Right, Center, bring \$3 to play LRC</p>
	<p style="text-align: center;"><b>Mah Jongg</b></p> <p>A fun and challenging tile game, played at the TRCC on Mondays from 1-4 pm. Call Judy Bentz at 412-848-0950 for more info. We will teach beginners. Regulars can set their own tables.</p>
	<p style="text-align: center;"><b>What Are You Reading? Evening Book Club</b></p> <p>Are you looking for an evening of great conversation and a chance to learn about new books and authors? Contact Paula Griffin at <a href="mailto:paulasrq@gmail.com">paulasrq@gmail.com</a>.</p>
	<p style="text-align: center;"><b>Duplicate Bridge</b></p> <p>DUPLICATE BRIDGE is played at the Community Center on the 2nd and 4th Fridays of each month from 1-4 p.m. If you'd like to play, please contact Pat Bass at 941-412-7885.</p>
	<p style="text-align: center;"><b>Knit and Stitch Group</b></p> <p>If you knit, crochet, cross-stitch, do needlepoint or other hand- stitching projects for yourself or charity, join other stitchers on the second and fourth Wednesday of each month, 2-4 p.m, in a group member's house. Contact Diane Glynn at 203-912-6071 or <a href="mailto:dianeglynn@aol.com">dianeglynn@aol.com</a>.</p>



### Tennis

Our tennis group meets on Tuesday mornings at 8:30 am on the courts. We look forward to members joining us and enjoying some fun playing tennis. Please contact Liz DeLuca at 203-912-1404 or [delucaliz@yahoo.com](mailto:delucaliz@yahoo.com).



### Game Night

All **women and men** are invited to attend. Join other neighbors who also enjoy playing cards, or games such as the Mexican Train domino game. We meet monthly on the 2nd Tuesday, 7-9pm, at the Community Center. Contact: Joan Miller at 630-258-1821 or [joanmiller272@gmail.com](mailto:joanmiller272@gmail.com).